

Eight valuable characteristics of outdoor environment

1. Serene A place of peace, silence and care. Sounds of Nature
2. Wild A place of fascination with wild nature
3. Lush A place rich in species. Variety of animals and plants
4. Spacious Entering another world, a coherent whole
5. The common A green open place allowing vistas and stays
6. The pleasure garden An enclosed, safe and secluded place
7. Festive, centre A meeting place for festivity and pleasure
8. Culture Historical, fascination with the course of time

Grahn P., Stigsdotter U., Berggren-Barring A-M., (2005), A planning model for designing sustainable and healthy cities. The importance of people's need of recreational environments in an urban context. (NAEP, Alexandria, 2004)